



TRIP OVERVIEW

Why you should book a trip with Meet the Sea

BUILD YOUR TRIP

Design your perfect Ibiza experience based on your preferences & budget

Hotels sorted for your whole stay, with great deals guaranteed by us

CHOOSE YOUR EXPERIENCES

Choose from 14 experiences that offer the best of Ibiza's day & night life

ACCOMMODATION

Hotels sorted for your whole stay, with great deals guaranteed by us

TRANSFERS
Skip public t

Skip public transport (especially on nights out) with private buses included

ELIGIBILITY & FAQS

Who can book? Have any questions? Your queries answered here.

INTRODUCTION TO MARINE LIFE

This experience is your welcome to Ibiza & Meet the Sea and therefore the only one that you are expected to include in your itinerary. A great start to your stay!



Meet the Sea began five years ago with a Family Boat trip to celebrate the importance of the sea in our lives. We continue to welcome all ages to a very special day at sea: at the heart of a Natural reserve, surrounded by pristine waters, silence and a rich underwater biodiversity. Enjoy a private outing with your friends to Conillera island and follow our guide during the traditional guided snorkelling tour to see many mediterranean species in their free habitat. You will have time to snorkel, swim and paddle surf in a memorable setting.



OBJECTIVES

- Welcome you to our beautiful island and one of its most privileged and protected areas. A great start!
- Emphasise the importance of sustainable tourism and our responsibility to protect the coastline.
- Introduction to Ibiza's marine biodiversity
- Foster a responsible and active commitment with the delicate environment of our oceans.





Duration:	4-5 hours
Equipment provided:	Snorkelling gear, paddle boards, life vests, flotation devices.
Swimming abilities:	All levels
Included:	Paella cooked onboard by our chef with strictly local produce (and a vegetarian option). Seasonal fruit for dessert.
Transfer	Boat pickup from hotel jetty if staying at Hotel Tagomago or private coach transfer if staying in any other of our hotels.



EDUCATION

UNDERWATER DRONE MISSION (BOAT TRIP)

Introduction & briefing

Overview of the trip's activities. ROV Basics: Introduction to ROV components, functions, and real-world applications in marine research, environmental monitoring, and underwater engineering. Safety Briefing: A look at some basic safety protocols for handling the ROV.

2 Hands-on Training

ROV Assembly and Calibration: We teach you how to set up, calibrate, and test an ROV for deployment.

Control and Navigation Practice: Our team provide guided practice on piloting the ROV in a controlled environment, focusing on precision.

OBJECTIVES

- Hands-On Learning in Marine Technology:
 Gain practical experience with advanced marine equipment, fostering a deeper understanding of underwater robotics and its applications.
- Interdisciplinary Skill Development: Learn to operate an ROV to integrate concepts from engineering, marine biology, computer science, and environmental science.
- Real-World Research Applications: Collect data and observe underwater ecosystems.
- Problem-Solving and Critical Thinking:
 Operating an ROV involves adapting to challenges in real time, sharpening analytical and decision-making skills.
- Preparation for Industry Careers: Prepares you for careers in marine research, environmental monitoring, underwater archaeology and offshore engineering.

We started using a Fifish ROV a few years back in Meet the sea and we were very impressed with the applications it immediately had in our daily activities. We share with you some of the most interesting challenges we faced back then but we really want you to be in control of the ROV and draw your own conclusions

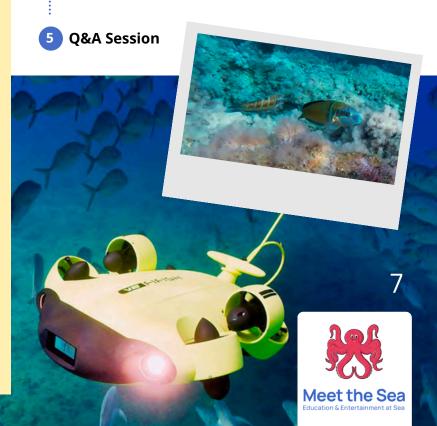
Duration:	4-5 hours
Equipment	Underwater drone or ROV
Abilities:	No prior experience in ROV handling assumed.
Transfer	Boat pickup from hotel jetty if staying at Hotel Tagomago or private coach transfer if staying in any other of our hotels.

Underwater Exploration

Mission Simulation: We assign tasks to capture video footage or collect environmental data.
-Marine Ecology Observation: We use the ROV's cameras to observe marine life and seabed structures, enhancing knowledge of underwater ecosystems.

Data analysis and insights:

Analysis of the captured data to identify marine species and assess environmental conditions.





SCUBA DIVING: IBIZA CLASSIC DIVES

Ibiza offers waters of exceptional clarity, often offering 30 meters of visibility. Sea temperatures that range between 14 and 29 degrees Celsius are ideal and offer the possibility of year-round diving.



Duration:	4-5 hours
Equipment	All scuba diving equipment provided by our affiliate scuba diving club with more than twenty years of existence. Extremely qualified and experienced instructors with exceptional public reviews.
Abilities:	You must be PADI certified to participate in this experience.
Transfer	Private coach & boat.
What to bring	Bathing suit, towel, light jumper or tshirt, waterproof shoes, sunscreen, refillable water bottle.

Ibiza's fields of Neptune Grass are a World Heritage site for providing a unique habitat to thousands of species.

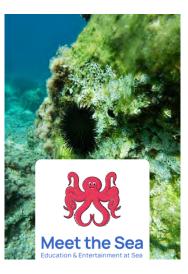
READ MORE & GET INSPIRED
ABOUT DIVING IN IBIZA











EDUCATION

SPORTS

PADDLE SURFING THE WILD NORTH OF IBIZA

Duration:	4-5 hours
Equipment	We provide paddle surfs, life vests, mask & snorkel, food, water and fruit juices. The paddle surfing adventure is organised and led by paddle surfing instructors that are familiar with this particular spot.
Abilities:	No previous experience in paddle surfing necessary.
Transfer	Private coach from the hotel and back. Scenic route that takes us to the north of Ibiza, specifically to the stunning bay of Portinatx near the village of San Juan.
What to bring	Bathing suit, towel, T-shirt, waterproof shoes, sunscreen, refillable water bottle.

We choose the north of the island for this experience for what it represents in terms of its atmosphere, its beauty and its history. The imaginary line that divides the island in two from Santa Eulalia to San Antonio is the threshold that leads us to the lesser-known side of Ibiza. Bright red soil, olive, fig and carob trees are everywhere. We make our way, surrounded by a silence we did not expect, to the turquoise waters of S'illot des renclí, only a short distance from Cala Xarraca.

S'illot des Renclí, Cala des Xuclar and the hidden creeks in the bay of Portinatx are some of the gems we discover along the way.







OBJECTIVES

- To learn the basics of paddle surfing with the guidance of our instructor. A 45-minute introductory briefing will take place at the beach and you will be closely monitored throughout the 4-hour experience.
- -Snorkelling material will be included and part of our journey as we reach with our paddle surfs hidden coves ideally suited to underwater discovery. Our guide will point out some of the underwater fauna as we visit specific spots during our journey.





EDUCATION

SPORTS

KAYAKING: THE ICONIC ES VEDRÁ

Difficult choice of routes! The wonderful guide created by www.ibiza.travel shows us the dramatic scenery that a lot of the proposed routes offer. Distances vary greatly and we have had to adapt some of them to a reasonable distance to allow for snorkelling breaks and our own time limits.

Cala Salada to Ses Balandres, Es Portitxol to the lighthouse of Moscarter or Benirrás to Es Canaret are perhaps our favourites but the historical significance and beauty of Es Vedrá is at the top of our list. We always prioritise factors such as scenery (rock formation, water colours) biodiversity and sea depth (to facilitate snorkelling).

Kayaking is probably one of the best ways to explore our stunning coastline. We love that the quiet nature of kayaking minimizes noise pollution, which can disrupt marine life and ecosystems. Kayaks also allow us to approach shallow areas without damaging delicate ecosystems or stirring up sediment. Above all, they truly make us feel like a sea creature for a few hours, revelling in our natural habitat. What better way to empathize with our oceans?

Duration:	4-5 hours
Equipment	We provide Kayaks, life vest, food, water and fruit juices.
Abilities:	Some experience in Kayaking advisable but not strictly necessary.
Transfer	Private coach from the hotel and back. Possibility of boat transfer if sea conditions and choice of route allow it.
What to bring	Bathing suit, towel, T-shirt, waterproof shoes, sunscreen, refillable water bottle.





SPORTS

TECHNOLOGY AND THE SEA I: FLITEBOARD EFOIL, JETSURF AND AWAKE SURFBOARDS

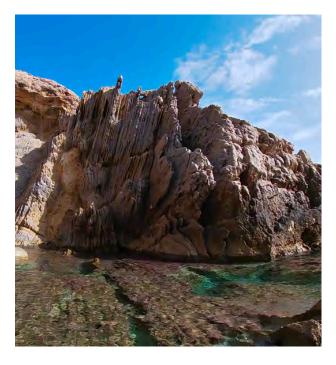
New forms of enjoying the sea arise as technology finds its way into the world of nautical entertainment and sports. We are particularly thrilled with the appearance of the Electric Surfboard, equipped with a silent propulsion system that is powerful and resistant. Each of the three boards included in the experience are fun, well designed and committed to the environment.

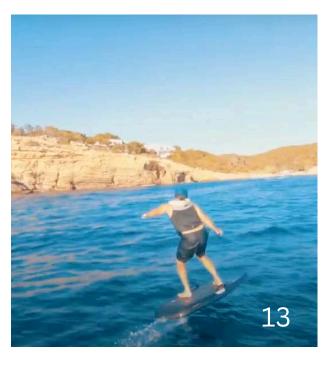
We are proud to offer you an experience based on technological advance that balances fun with respect for the sea.

Led by a certified board instructor, we learn on the beach the basics of the different types of boards and their most salient features. We have selected the fantastic setting of Cala Comte to enjoy the natural reserve of the island of S'illa des bosc. A great opportunity to enjoy a new sport that is sustainable in its design and use.

Duration:	4-5 hours
Equipment	All equipment and instruction provided by the island's leading specialists in modern technology and luxury watersports.
Abilities:	You need to be able to swim (medium level) to participate in this experience.
Transfer	Private coach & boat.
What to bring	A good night's rest, abundant sunscreen, bathing suit, towel, refillable water bottle. Waterproof shoes advisable but not strictly necessary.







OBJECTIVES

- To acquire a basic understanding of the characteristics and advantages of each of the three boards: the smooth, gliding sensation of the E-foil as you fly over water in a serene and almost futuristic ride. The high-speed, adrenaline-pumping ride of the Jetsurf and its ability to carve sharp turns on the water. Finally, the speed and agility of the Awake surfboard.
- To provide a unique surfing experience that balances new technology and traditional surfing challenges and enjoyment
- To develop your skills and confidence in handling innovative sports technology and improve spatial-awareness and quick decision-making.
- To foster team-building and Social Interaction: the surfing experience encourages collaboration, friendly competition and group dynamics.
- To further develop our eco-conscious awareness: gain exposure to electric-powered boards that emphasises the importance of sustainable recreational practices at sea.



ENTERTAINMENT

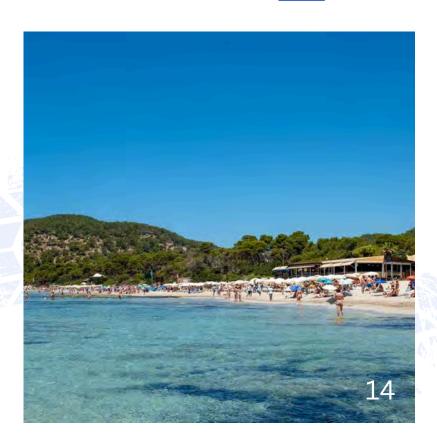
SPORTS

BEACH-HOPPING JEEP JOURNEY

During our tour you will enjoy the rural roads that take us through some of the most charismatic villages of the island that have escaped the attention of mass tourism. Olive, carob and almond trees rooted in bright red soil surrounded by ancient stone walls. Cubic white houses dotting the pine covered hills and dusty quiet roads. And, in the end, turquoise waters await glistening.

We selected open jeeps as the best way to enjoy the smell and feel of the air, salt and heat of the island.

The challenge for our team was to select the best among all the beaches in Ibiza with at least one in the North, South, East and West coast. Once that was accomplished, we set out to select the most attractive roads and villages on the way to our destination.





Cala Benirras

Famous for its spectacular sunsets, Cala Benirrás is a key beach in the north of the island.



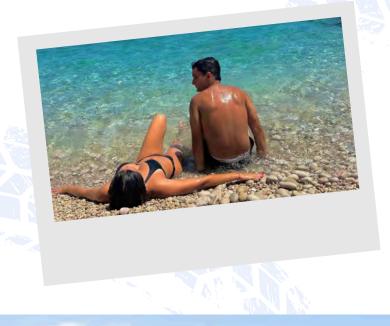
San Carlos village

This village became famous in the 60s-70s as a hippie village and boasts a thriving market.



Cala Xarraca

Shallow water and soft sand bordered by rocks and green hills.



OBJECTIVES

- To capture in a few hours the essence of Ibiza's coast by swimming in our favourite beaches covering all cardinal points of the island.
- To experience the contrast in natural beauty between our selected beaches: difference between southern and northern coasts of the island. To drive through rural Ibiza, often disregarded by the majority and perhaps its best kept secret.
- To connect through the journey with the heart of Ibiza, offering you a blend of excitement, serenity, and natural wonder.



Fabulous views and only 15 minutes from San Antonio.



15

EDUCATION

COOKING CLASS AT SEA: IBIZA'S TRADITIONAL RECIPES (BOAT TRIP)

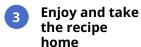
Start with local produce and fresh ingredients



Learn to use a paella pan on the boat

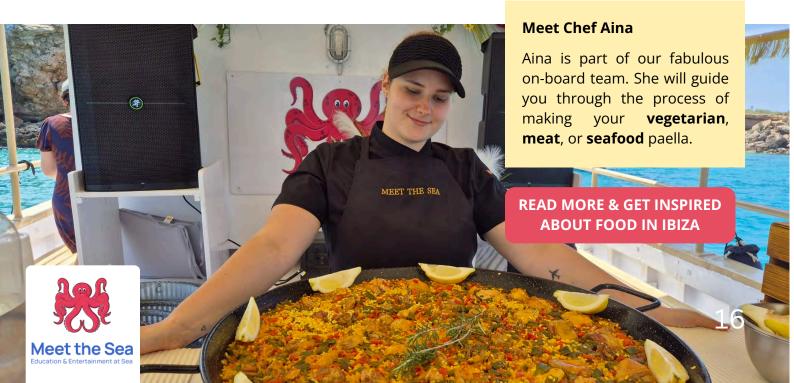






Our cooking class at sea helps you know more about local Ibizan cuisine and classic mediterranean dishes! Enjoy a 4-hour new experience at sea in the beautiful coast of Ibiza led by our expert chef: learn to make a Paella that will impress your friends & family, other classic rice specialties, the perfect allioli (al-i-oli or garlic and oil in Catalan), a delicious local dessert... while we cruise and drop anchor in an iconic location like Cala Comte with its indescribable waters.

Duration:	4 hours
Equipment	All ingredients & utensils provided
Abilities:	No prior cooking experience needed, only your passion for mediterranean cuisine and your curiosity.
Transfer	The boat will pick you up at the jetty facing Hotel Tagomago or you will be transferred by private coach to our berth in the port of San Antonio.
What to bring	Bathing suit, towel, T-shirt, sunscreen, refillable water bottle. Why the bathing suit? We are cooking but there will be a great opportunity to swim in a location you have not visited in other boat trips.
Important!	Your phone will be even more important today! Take notes, make photos & videos to make sure you miss nothing of our chef's class at sea.



DAY TRIP TO FORMENTERA

Formentera, the smaller of the two main Pitiusas (Islands of Pines as the greeks called them) is home to pristine waters and white sands. It is also home to a rich marine biodiversity that we explore by snorkelling in the best spots the island has to offer. In 1999, the meadows of Posidonia Oceanica existing between Ibiza and Formentera and belonging to the Natural Park of Ses Salines were declared a World Heritage Site by UNESCO.

Duration:	8 hours
Equipment	We provide all the equipment you will need for your snorkelling expedition (mask, snorkel, life vests, additional flotation devices, mineral water, and of course, lunch and dessert)
Transfer	Boat transfer from the port of Ibiza town to Formentera.
What to bring	Bathing suit, towel, T-shirt, sunscreen, refillable water bottle.

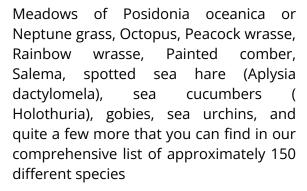


Throughout the day, we enjoy a unique natural scenery while learning and snorkelling. One of the best possible ways to enjoy Formentera and create a memorable day at sea. We drop anchor in several of the spots presented below and select them based on sea conditions on the day. A wonderful emotional, academic and athletic experience.





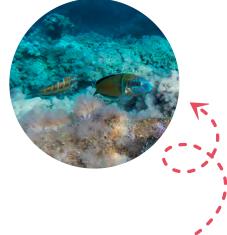




-- CALÓ DES MORT

Meet the Sea





OBJECTIVES

- The content of the activity can be adapted to a more detailed, in-depth academic endeavour, but we certainly want to share an experience that allows you to enjoy the singular beauty of the waters of Formentera and its rich biodiversity.
- To observe in their natural habitat a considerable number of marine species and to develop our skills in observing, recording and analysing marine life.
- To understand marine ecosystems and in particular the presence and importance of Posidonia oceanica or Neptune grass in the island. To develop our understanding of the impact of human activities on the environment.
- To explore geological formations such as caves, reefs, cliffs and their influence on marine diversity. To learn about the role played by marine reserves and how they are managed.



ENTERTAINMENT

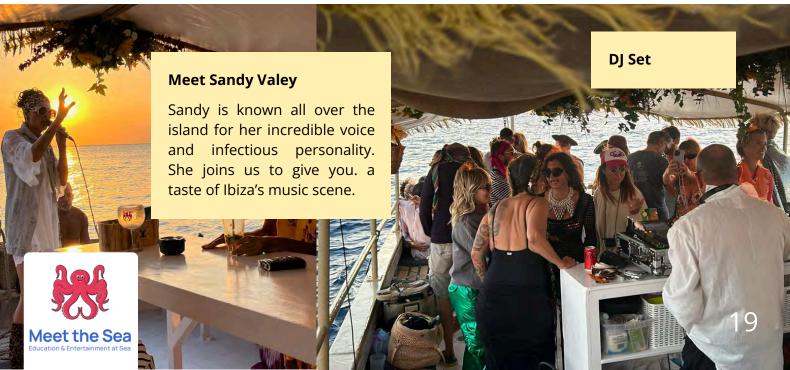
EDUCATION

MEET THE SEA SUNSET BOAT TRIP

We started in 2024 our Meet the Sea Sunset, a celebration of Ibiza music and local cuisine. From April, we share with you our new 2025 content during a 4-hour sunset boat trip with music (DJ and live) cocktails and canapés.

Duration:	4 hours
Boat	54 ft 1968 classic beach hopper. BRISA III is the perfect boat for marine activities: robust, comfortable, with a generous shaded area and a lot of open space. It is our policy to keep occupancy at a maximum of 50% of legal capacity to ensure the comfort of our passengers.
Transfer	Boat pickup from hotel jetty if staying at Hotel Tagomago or private coach transfer if staying in any other of our hotels.
What to bring	Bathing suit, towel, T-shirt, waterproof shoes, sunscreen. Perhaps a light jumper or jacket in the months of April, May, October and November.





1 lbizan cuisine prepared onboad

Our chefs Aina and Bruno prepare canapés using ingredients from local producers. Check out the menu on our website, which is designed to reflect the culinary diversity and history of Ibiza.

2 Music and entertainment

Enjoy live performances from Sandy Valey, an Ibizan vocalist known all over the island for her incredible voice and infectious personality. The trip is also made special by a live DJ.

2 Sunset dip

As the sun sets and drinks are enjoyed, take a dip in the warm Mediterranean. Make sure to wear swimwear under your evening outfits!







 To provide an engaging journey from the 1960s folk and psychedelic sounds to today's chart-topping EDM.

To use live music and DJ performances to evoke the island's logandary party viba while.

evoke the island's legendary party vibe while offering a visually stunning sunset backdrop

To legente you with lbiza's inpovative musical

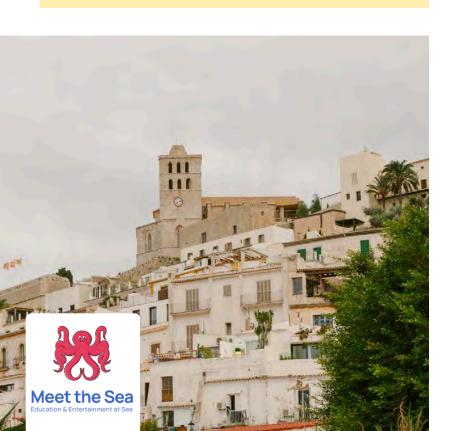
- To Inspire you with Ibiza's innovative musical culture and provide a glimpse into the music and event management industry.
- To introduce you to Ibiza's culinary tradition and local produce. A brief but intense journey through our African, European and mediterranean influences through our history.

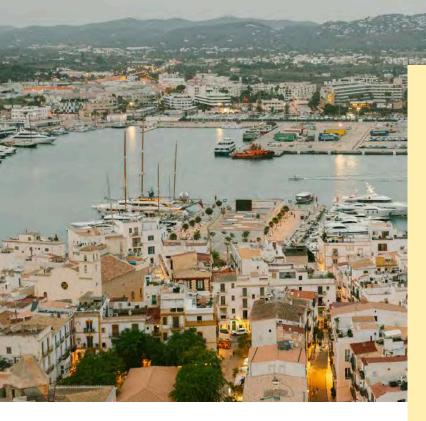


EDUCATION

FASHION TOUR: SHOPS OF THE OLD TOWN OF IBIZA

Ibiza's fashion and clothing history is deeply intertwined with its cultural evolution, reflecting the island's vibrant spirit and diverse influences. Known for its bohemian aesthetic, Ibiza became a hub for free-spirited, unconventional fashion in the 1960s and 1970s when it attracted artists, hippies, and creatives from around the world.











OBJECTIVES

- To understand Ibiza's unique identity: Learn how the island's history, geography, and artistic influences have shaped its distinct fashion culture.
- To appreciate local craftsmanship: Discover the role of traditional techniques, such as embroidery and weaving, in creating iconic Adlib fashion.
- To find inspiration for self-expression: Experiment with and incorporate Ibiza's bohemian and free-spirited aesthetic into your personal style.
- To immerse in the sensory delight of Ibiza's lively fashion scene, making the shopping experience fun and memorable.

The Old town's traditional whitewashed architecture and relaxed Mediterranean lifestyle inspired the iconic "Adlib" fashion style, emphasizing natural fabrics, flowing designs, and a commitment to comfort and authenticity. Adlib fashion, meaning "as you please," was formalized by designer Smilja Mihailovitch, blending local craftsmanship with global influences.

Ibiza's fashion scene today retains its bohemian roots while embracing modern trends, making it a hotspot for unique boutiques, vintage stores, and globally renowned designers. The Old Town of Ibiza is home to some our favourite vintage and trendy shops: Can Vinyes and their use of traditional esparto or halfah grass for a great beach basket or stylish hat or the boutiques along the Carrer de sa Creu. And of course, a break at one of our favourite tapas bar as we head up Ses Taules into Dalt Vila.

A great opportunity to shop for yourself and friends led by one of the most knowledgeable figures in Ibiza in fashion and history.

EDUCATION

SPORTS

HIKING & FLORA DISCOVERY... AND NATURAL POOL

Hiking is one of the sports that locals favour in Ibiza! Our stunning views from the top of the hills, rich flora, pine scented trails and red soil are just some of the attractions. We want to share with you the diverse locations where flowers, plants and herbs find their optimal ecosystem: coastal plants that appear between rocks, species that prosper in sand dunes or those that benefit from the proximity of cultivated fields... before we enjoy a final dip in a natural pool.

Duration:	4-5 hours
Equipment	We provide you with a light but energetic outdoor lunch and dessert, mineral water.
Transfer	If in Ibiza: Private coach to the area of our activity (Ses Salines, Es cubells, or North of the island). If in Formentera: Ferry to Formentera from Ibiza and Bicycle, scooter or private coach to hiking location.
What to bring	Hiking shoes, light jacket (possibly), sunscreen, refillable water bottle. Bathing suit optional if you want to enjoy a swim in the sea after our hike.

OBJECTIVES

- To identify most of the species that we encounter during our hike in the rich diversity offered by both, Ibiza and Formentera. Please see partial list below.
- We have designed, with the guidance of our local hiking expert, an experience that combines a highly photographic scenery with a culturally enriching display of beautiful floral species.
- To capitalise on the opportunity to take wonderful photos of nature along the division of cliffs and sea.



Depending on the time of the year of your visit some species might not be included or present in our route. However, the majority of the species listed below will be there for your enjoyment and observation:

Allium Antonii- bolosii subsp. eivissanum, Asperula paui, Bellium bellidioides, Biscutella ebusitana, Carduus ibizensis, Carex rorulenta, Chaenorhinum crassifolium, Chaenorhinum formenterae, Delphinium pentagynum formenteranum, Diplotaxis ibicensis, Galium friedrichii, Limonium formenterae, Limonium grosii, Limonium minutum, Limonium wiedmannii, Micromeria filiformis, Micromeria microphylla,Ranunculus paludosus barceloi, Romulea assumptionis, Saxifraga corsica cossoniana, Silene cambessedesii, Sonchus willkomnii, Teucrium capitatum majoricum.









Source: <u>"The Flora of Formentera"</u>, edited and published by Consell Insular de Formentera. May 2021.Photographs and text by Jordi Serapio Riera, Endèmics. English translation by Elisa Cane.

INTRODUCTION TO COMPETITIVE SAILING

In partnership with the Yacht clubs of Es Nautic in Sant Antoni de Portmany and Club Náutico de Ibiza we provide a hands-on introduction to the world of competitive sailing. We sail from either the port of Ibiza or the port of San Antonio, depending on prevailing winds, onboard a cruising sailboat guided by a team leader expert in racing. During our four hours at sea we learn about the fundamentals of sailing and racing strategies with each student getting their turn at the helm.

Duration:	4 hours
Equipment	We provide a selection of sailing boats (12 crew each, including skipper) to accommodate your group, life vests and learning materials.
Transfer	Private coach to yacht club.
Ability	As it is an introductory experience, it is apt for all levels and no sailing knowledge is assumed.
What to bring	Shorts or light trousers, light jumper or sailing jacket, waterproof shoes. Sunscreen refillable water bottle.



OBJECTIVES

- To understand the fundamentals of sailing: Points of sail, boat parts and structure, knots, sail trim and "rules of the road".
- To participate in a regatta to apply racing strategies previously explained by our racing expert.
- To acquire a "sense of sea" by interpreting wind and waves in order to feel more comfortable at sea in any situation.
- To strengthen leadership skills by commanding a sailing crew, decision making in adversity and self-assurance at sea.



ENTERTAINMENT

IBIZA CLUBBING: A MUST FOR ONE OF YOUR NIGHTS

2025 is shaping up as another exciting year for the music scene and EDM in Ibizás leading clubs. Pacha, Amnesia, Lio, Hï, Ushuaia, Club Chinois and the exciting new concept of UNVRS replacing the old Privilege (ex KU)

We will examine the lineup on your chosen dates and recommend a night out (or more if you wish) during your stay. Your trip to Ibiza deserves a visit to the world's leading clubs and their high production values and international DJ's.





Private Transfer to and from the club



We organise your tickets to all of Ibiza's major clubs:



Skip the walk-in queues



No scrambling for tickets









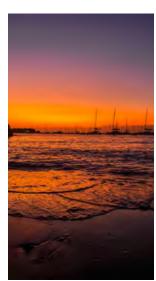














ACCOMMODATION

For a seamless experience, let us arrange a hotel based on your preferences.

We are pleased to cooperate with Hotel Invisa Es Pla (adults only) and Hotel Tagomago to offer optional accommodation included for our guests.

The following hotels have been chosen by our team according to the following criteria and characteristics: a long-standing and well-established track record, management and team that is family and students friendly, proof of strong Google and other publicly available reviews and, of course, a close relationship of Meet the Sea with the owners/management of the establishment.







✓ Late Breakfast

unforgettable days in the company of

⊘ Gym

your friends or your partner.

Outdoor pool



PRIVATE TRANSFERS

In 2025, Meet the Sea is pleased to work with the leading company in Ibiza in private transport. All your transfers from the airport to the hotel and from the hotel to all activities during your stay will take place will take place in private vehicles from this reliable and highly rated provider.

Ibizatours & Island bus



Over 50 years experience

We are the longest running private transport company in Ibiza.

The ultimate transport fleet

We have the best fleet of coaches, microbuses and luxury vehicles in Ibiza. All our vehicles offer the maximum comfort and safety and are always in pristine condition.

Qualified professionals

Our entire staff team strive to provide a fully tailored transfer service.



ELIGIBILITY & FAQS

Eligibility criteria:

- Groups must have a **minimum of 10** participants.
- All group trips have a minimum age of 5 years old at the time of travel.
- Basic swimming competency is recommended, but not essential.

If you book a hotel with us:

• If you choose for us to book a hotel on your behalf, you must take part in at least one activity per day.

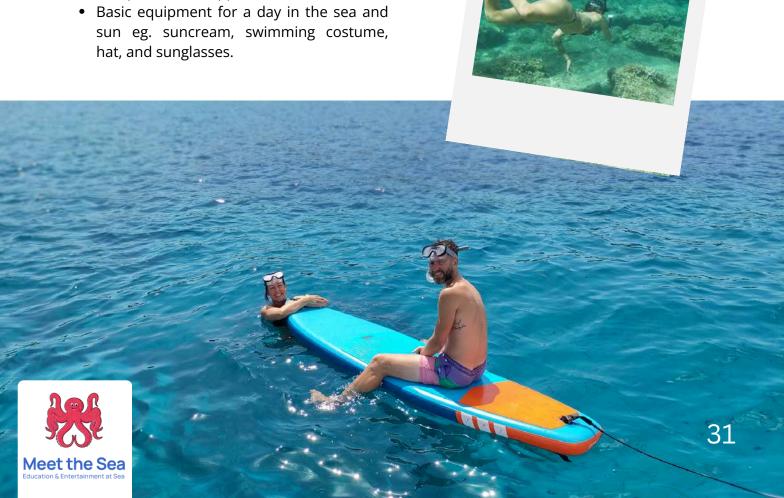
Still have questions?

Head to the Meet the Sea website's **FAQ section.**

If you still can't find an answer, drop us a message through our online form, or get in touch by email: info@meetthesea.com or over Whatsapp: 34 609 03 52 02.

Things you need to sort out:

- Flights need to be bought by individual group members. Tickets are not organised by Meet the Sea.
- Passport/Visa (if applicable)





A message from our founder

I was born in Ibiza, a place where the sea is not just a backdrop—it's a teacher, a playground and a source of endless discovery. From childhood, I learned that the sea has a way of shaping us, challenging us, and inspiring us in ways that I still do not fully comprehend today.

Our Family Boat trip started five years ago, a snorkelling adventure for children and adults to discover the beauty and biodiversity of the western coast of Ibiza, in the island of Conejera. Since then, more than 10,000 friends and our team have witnessed the joy and transformative powers of the sea.

We present to you today our Group Sea Trips to Ibiza. An opportunity to share with family, friends or colleagues a memorable trip based on a unique "Sea Trilogy" of themes and activities:

Education & Sustainability – Our activities feature amongst others: snorkelling into a wealth of marine biodiversity and pristine waters, using the latest marine technology with an underwater drone or ROV or learning about the local flora while hiking our beautiful coastline.

Sports – Paddle surf, e-surf, snorkel, and kayak while discovering remote coves through non-invasive activities, respecting the environment and enhancing your proximity to the sea.

Entertainment – Celebrate the island's vibrant culture, from music-filled sunset boat trips to Ibiza's world-famous nightlife.

But beyond adventure, these trips are about something deeper: the sea's impact on our well-being. Science increasingly confirms what we instinctively feel—being at sea calms the mind, sharpens the senses, and connects us to something greater. Whether you're here with friends, colleagues, or fellow students, this journey is an opportunity to step away from the ordinary and into a realm of sea and mind.

Choose from any of the fourteen activities we have designed for you and tailor your own trip. Read this brochure or go to our website to build your trip! And please share with our team your questions or improvements to your group experience.

See you at sea!

Gregorio Cañellas Meet the sea founder www.meetthesea.com email: info@meetthesea.com

